

November 2024 |

TIOGA ISD LUNCH 6-8





Announcements:

Daily Offered:

- 1% Plain Milk
- FF Chocolate Milk
- Fruit
- Assorted Fresh Veggies



MENU SUBJECT TO CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday
 <h3>Carrots</h3> <p>Season in Texas: August - May</p> <p>Did you know?</p> <p>You can eat all parts of the carrot; leaves can be made into pesto or added to a salad, carrot flowers can also be added to salads or turned into jelly, the seeds are used to flavor other foods</p> 				
<p>4 Beef Raviolis Or Turkey Sub Tator Tots Broccoli Florets Garlic Bread Stick</p>	<p>5 Cheese Or Pepperoni Pizza Or Spicy Chicken Sand Corn Romaine Salad Ranch</p>	<p>6 Turkey & Dressing Or Chicken Tenders Mashed Potatoes/Sweet Potatoes Green Beans Pumpkin Pie/WG Roll Ket/Gravy</p>	<p>7 Orange Chicken Or Mini Corn Dog Egg Roll Fresh Carrots Ranch</p>	<p>1 Hamburger Or Meatball Sub Pork N Beans Lett/Tom/Pickle Cup Ket/Mayo/Mustard Sun Chips</p>
<p>11 NO SCHOOL STAFF WORKDAY</p>	<p>12 Cheese Or Pepperoni Pizza Or Cheese Enchilada Corn Popeye Salad</p>	<p>13 Chicken Nuggets Or Beef Fingers Mashed Potatoes Green Peas WG Roll/Cookie Ketchup/Gravy</p>	<p>14 Chicken Alfredo Or Mini Corn Dog Broccoli/Cheese Fresh Carrots Garlic Bread Stick</p>	<p>8 Hamburger/Cheese Or Grilled Cheese Tomato Soup Lett/Tom/Pickle Cup Ket/Mayo/Mustard</p>
<p>18 Sweet & Sour Chicken Or Turkey Sub Brown Rice Egg Roll Cucumber/Tom Dip Brown Rice</p>	<p>19 Cheese Or Pepperoni Pizza Or Cheese Quesadilla Corn Romaine Salad</p>	<p>20 Chicken Smackers Or Beef Fingers Mashed Potatoes Green Beans WG Roll/Ice Cream Ketchup/Gravy/BBQ</p>	<p>21 Beef Tacos Or Mini Corn Dog Pinto Beans Spanish Rice Fresh Carrots/Lett/Tom Salad Ranch</p>	<p>15 Hamburger/Cheese Or Chicken Sand Curly Fries Lett/Tom/Pickle Cup Ket/Mayo/Mustard</p>
<p>25 Chicken Sand Or Mini Corn Dog Tator Tots Lett/Tom/Pickle Cup Ket/Mayo/Mustard</p>	<p>26 Cheese Or Pepperoni Pizza Or Hot Dog Corn Cucumber Slices Ranch</p>	<p>27 NO SCHOOL HOLIDAY</p>	<p>28 NO SCHOOL HOLIDAY</p>	<p>22 Hamburger/Cheese Or Spicy Chicken Sand Waffle Fries Lett/Tom/Pickle Cup Ket/Mayo/Mustard</p>
				<p>29 NO SCHOOL HOLIDAY</p>



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



Food and Nutrition Division
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 National School Lunch Program