

November 2024 |

TIOGA ISD LUNCH K-5




Announcements:

Daily Offered:

- 1% Plain Milk
- FF Chocolate Milk
- Fruit
- Assorted Fresh Veggies



MENU SUBJECT TO CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday
 <h3>Carrots</h3> <p>Season in Texas: August - May</p> <p>Did you know?</p> <p>You can eat all parts of the carrot; leaves can be made into pesto or added to a salad, carrot flowers can also be added to salads or turned into jelly, the seeds are used to flavor other foods</p> 				
4 Beef Raviolis Or FL Turkey Sub Tator Tots Broccoli Florets Garlic Bread Stick	5 Cheese Pizza Or FL Hot Dog Corn Romaine Salad Ranch	6 Turkey & Dressing Or Chicken Tenders Mashed Potatoes/Sweet Potatoes Green Beans WG Roll Ket/Gravy	7 Orange Chicken Or FL Mini Corn Dog Egg Roll Fresh Carrots Ranch	1 Hamburger Or Meatball Sub Pork N Beans Lett/Tom/Pickle Cup Ket/Mayo/Mustard Sun Chips
11 NO SCHOOL STAFF WORKDAY	12 Cheese Pizza Or FL Hot Dog Corn Popeye Salad	13 Chicken Nuggets Or Beef Fingers Mashed Potatoes Green Peas WG Roll/Cookie Ketchup/Gravy	14 Chicken Alfredo Or FL Mini Corn Dog Broccoli/Cheese Fresh Carrots Garlic Bread Stick	8 Hamburger/Cheese Or Grilled Cheese Tomato Soup Lett/Tom/Pickle Cup Ket/Mayo/Mustard
18 Sweet & Sour Chicken Or FL Turkey Sub Brown Rice Egg Roll Cucumber/Tom Dip Brown Rice	19 Cheese Pizza Or FL Hot Dog Corn Romaine Salad	20 Chicken Smackers Or Beef Fingers Mashed Potatoes Green Beans WG Roll/Ice Cream Ketchup/Gravy/BBQ	21 Beef Tacos Or FL Mini Corn Dog Pinto Beans Spanish Rice Fresh Carrots/Lett/Tom Salad Ranch	15 Hamburger/Cheese Or Chicken Sand Curly Fries Lett/Tom/Pickle Cup Ket/Mayo/Mustard
25 Chicken Sand Or FL Mini Corn Dog Tator Tots Lett/Tom/Pickle Cup Ket/Mayo/Mustard	26 Cheese Or FL Hot Dog Corn Cucumber Slices Ranch	27 NO SCHOOL HOLIDAY	28 NO SCHOOL HOLIDAY	22 Hamburger/Cheese Or Spicy Chicken Sand Waffle Fries Lett/Tom/Pickle Cup Ket/Mayo/Mustard
		29 NO SCHOOL HOLIDAY		



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



Food and Nutrition Division
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 National School Lunch Program