

November 2024

TIOGA ISD LUNCH 9-12





Announcements:

Daily Offered:

- 1% Plain Milk
- FF Chocolate Milk
- Fruit
- Juice
- Assorted Fresh Vegetables



MENU SUBJECT TO CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday
 <h3>Carrots</h3> <p>Season in Texas: August - May</p> <p>Did you know?</p> <p>You can eat all parts of the carrot; leaves can be made into pesto or added to a salad, carrot flowers can also be added to salads or turned into jelly, the seeds are used to flavor other foods</p> 				
4 Beef Raviolis Or Turkey Sub Tator Tots Broccoli Florets Garlic Bread Stick	5 Cheese Or Pepperoni Pizza Or Pulled Pork Baked Beans Romaine Salad Ranch	6 Turkey & Dressing Or Chicken Tenders Mashed Potatoes/Sweet Potatoes Green Beans Pumpkin Pie/WG Roll Ket/Gravy	7 Beef Nachos Or Mini Corn Dog Roasted Corn Pinto Beans Spanish Rice/Carrots	1 BCB Or Grilled Cheese Tomato Soup Lett/Tom/Pickle Cup Ket/Mayo/Mustard Sun Chips Ice Cream
11 NO SCHOOL STAFF WORKDAY	12 Cheese Or Pepperoni Pizza Or Meatball Sub Corn Popeye Salad	10 Chicken Nuggets Or Beef Fingers Mashed Potatoes Green Peas WG Roll/Cookie Ketchup/Gravy	14 Chicken Alfredo Or Mini Corn Dog Broccoli/Cheese Fresh Carrots Garlic Bread Stick	8 Hamburger/Cheese Or Chicken Sand Seasoned Fries Lett/Tom/Pickle Cup Ket/Mayo/Mustard Ice Cream
18 Sweet & Sour Chicken Or Grilled Cheese Brown Rice Egg Roll Cucumber/Tom Dip	19 Cheese Or Pepperoni Pizza Or Turkey Sub Corn Romaine Salad	20 Chicken Smackers Or Beef Fingers Mashed Potatoes Green Beans WG Roll/Cookie Ketchup/Gravy/BBQ	21 Quespito/Cheese Or Mini Corn Dog Pinto Beans Spanish Rice Fresh Carrots Ranch	15 Hamburger/Cheese Or Spicy Chicken Sand Curly Fries Lett/Tom/Pickle Cup Ket/Mayo/Mustard Ice Cream
25 Chicken Sand Or Mini Corn Dog Tator Tots Lett/Tom/Pickle Cup Ket/Mayo/Mustard	26 Cheese Or Pepperoni Pizza Or Grilled Cheese Corn/Popeye Salad Ranch	27 NO SCHOOL HOLIDAY	28 NO SCHOOL HOLIDAY	22 Hamburger/Cheese Or Meatball Sub Waffle Fries Lett/Tom/Pickle Cup Ket/Mayo/Mustard Ice Cream
				29 NO SCHOOL HOLIDAY



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



Food and Nutrition Division
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 National School Lunch Program