

October 2026

Tioga ISD Breakfast 9th – 12th

Monday	Tuesday	Wednesday	Thursday	Friday
			01 Cinnamon Roll	02 Breakfast Banana Split
05 Breakfast Burrito Salsa	06 French Toast Stick Syrup	07 Breakfast Bowl	08 Biscuit & Sausage Jelly Gravy	09 Eggs & Toast Jelly Salsa
12 No School	13 Breakfast Pizza	14 Pancake On Stick Syrup	15 Cinnamon Roll	16 Eggs/Toast Jelly Salsa
19 Waffles Syrup	20 French Toast Stick Syrup	21 Breakfast Bowl	22 Biscuit & Sausage Jelly Gravy	23 Breakfast Banana Split
26 No School Staff Workday	27 Breakfast Pizza	28 Pancake On Stick Syrup	29 Cinnamon Roll	30 Eggs & Toast Jelly Salsa



Announcements

Daily Offered:

1% Plain Milk
1% Chocolate Milk

 **Cereal**
Poptart

Fruit
Juice

Menu Subject
to Change



www.SquareMeals.org

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA. This institution is an equal opportunity provider.



Updated 06/20/25