

Tioga Health Services
Medication Protocol

Medications in School

In most cases, students are not allowed to carry medications with them to school. Medications are to be supplied by the parent and kept in the health room to be administered by the school health room attendant, school nurse or a provider designated by the principal. Only medications that cannot be given outside of school hours will be administered. **Medications containing narcotics will not be administered at school.**

A written request and authorization from a parent/guardian is needed for all medications (this form can be found on the Tioga ISD website). This should include the student's name, date, instructions and a parent signature. The medication must be provided by the parent, in the original container and labeled with the name of the student.

A physician authorization signed by both the parent/guardian and the physician is required for all controlled medications and any medication (prescription or over-the-counter) that will be given more than 5 consecutive days.

Short-term or infrequent use of over-the-counter medications such as Tylenol, Motrin, etc can be administered with a signed medication authorization form and does not require a physician signature. The medication must be supplied by the parent/guardian and must be new/unopened and administered per bottle label. A physician signature/order is required if a parent/guardian request is made to administer any medication in a manner that goes against the dosage recommendations on the bottle label.

Texas law allows students to carry and self-administer emergency medications, including asthma inhalers and epinephrine injectable pens, while at school or school related functions **WITH** written documentation from parent/guardian and their physician (Emergency Medication Self-Carry Agreement form is required - found on the Tioga ISD website).

Alternative therapies including oils, herbals, vitamins, and supplements NOT approved or controlled by the FDA will NOT be administered by school personnel.

Must have *Authorization and Order for Medication Administration* with parent signature for OTC medication; parent and doctor signature required for prescription medications as well as OTC medications given > 5 days.

Exception: Prescription medications may be administered temporarily, **according to Rx label instructions** with parent written consent (ie. Antibiotics), until a physician signature can be obtained (no more than 5 consecutive days of administration without a physician signature). Daily medications may also be given temporarily, **according to Rx label instructions** with parent written consent, pending MD signature on *Authorization and Order for Medication Administration* form. It is best to obtain a parent signature on the Authorization form, make a copy for the health room and send the original with parent/guardian to obtain the MD signature.

*All controlled substances will be counted by two adults when medication is brought in. A Controlled Substance Log will be kept on file for the student and attached to the Medication Authorization Form. NARCOTICS are **NOT** to be given at school.