

Tioga ISD
SHAC (Student Health Advisory Council)
10/17/24 Meeting Minutes (official)

- Meeting called to order at 5:35 pm by Lisa Neal (recording of minutes by Lisa Neal).
- Attendance was documented and individual introductions made.
 - In attendance (12): Lisa Neal, Kendy Knight, Richard Hartman, Lane Yant, Trina Colteryahn, Squirrel (Alton) Rhymes, Lindsay Stone, Chelsie Shiflett, Josh Ballinger, Jana Hansen, Kurt Hall, Jessica How).
- Lindsay Stone self nominated for Chair position -2nd by Squirrel Rhymes (11 yes, 0 no ; Lindsay did not vote).
- Chelsie Shiflett self nominated for Secretary position - 2nd by Squirrel Rhymes (11 yes, 0 no; Chelsie did not vote).
- Brief reading of school health policy by Lisa Neal with explanation of the role of the SHAC as advisory council.
- Discussion Topics (in the order they were discussed):
 - Food Allergies: briefly discussed not having stock Epinephrine on campus. Lisa Neal mentioned this is a long-term goal to provide and briefly explained the process behind it. Lisa Neal explained the communication process to staff and teachers to inform of allergies and health conditions. Briefly discussed seating in the cafeteria in relation to food allergies.
 - Substance Abuse: Monster Beast can was shown to all (provided by Kurt Hall) and educated on presence of alcohol in some energy drinks. Kurt Hall informed everyone of having a new drug dog company this year. Very brief discussion of vaping still being an issue at the high school level and measures taken to assist.
 - Energy Drinks: Lisa Neal informed SHAC of current policy against energy drinks for students. Teacher and staff ability to have energy drinks was discussed by the council, in relation to their being role models for students. Action item for next meeting suggested : Discuss and act upon suggesting to the school board the regulation/ban of energy drinks at the staff/teacher level.
 - School Safety: Kurt Hall informed the council of passing the Intruder Detection Audit on 10/17/24 at all buildings.
 - Nutrition: Ability to choose breakfast & lunch menu items was discussed as it was questioned by one or two council members. Kendy Knight and Josh Ballinger informed everyone of the USDA/FDA regulations on school menu options.
 - Wellness Policy: Kendy Knight informed everyone of Region 10 consultation to help update the policy. Audit to take place January 2025. Discussion of how best to update the policy (best resources to consider and staff to utilize).
 - Health TEKS: Currently using the YES program for 6th-12th grade. Discussed consulting with individual grade level teachers regarding how they are implementing Health TEKS (especially in Science classes).
 - 6:25 pm motion by Squirrel Rhymes to adjourn. 2nd by Richard Hartman

Minutes Approved 12/4/24