

Model Language to Comply with Senate Bill (SB) 12 and Texas Education Code (TEC), §§26.0083 and 26.009

*Note: This guidance **has been updated as of 9/8/2025**; it is subject to change.*

TEC, §26.0083(g), requires each school district and open-enrollment charter school (school system) to provide the parent of each enrolled student before the first instructional day of each school year with written notice of each health-related service offered at the campus the student attends. The notice must include a statement of the parent's right to withhold consent for or decline a health-related service. Health-related service is not defined by the statute.

TEC, §26.009, references requirements for prior parental consent before their child can participate in certain activities or receive certain services.

Although the agency is not required to create a model notice, we have done so to assist school systems in complying with both statutes. While school systems are permitted to modify this model language, certain requirements must be met in this notice to satisfy the statutory requirements.

In addition to the notice required under TEC, §26.0083(g), the model language below contains information related to changes in services and monitoring of a student's mental, emotional, or physical health or wellbeing, as described by the remaining subsections of TEC, §26.0083; however, there is no separate statutory beginning-of-school-year notice requirement for those subsections. Additionally, it references the services from TEC, §26.009, that would require prior parental consent before providing to a student.

Model Language:

You as a parent or guardian have the fundamental right to make decisions regarding the upbringing and control of your child. Our goal as a school is to be a supportive partner in that effort, providing effective academic instruction to maximize student learning. In service of that goal, we also work to support the general well-being of our students so they can remain academically focused.

School personnel are always expected to encourage your child to discuss any issues related to their wellbeing with you. School personnel can also facilitate a conversation between you and your child about any issues related to their wellbeing. Furthermore, employees are expected to keep parents informed related to observations of their child's mental, emotional, or physical health. You have the right to access your child's education and health records at any time.

As you might expect, teachers and other employees will periodically inquire about a child's well-being, (e.g., asking how a student is feeling). In some cases, though, more formalized efforts may be appropriate, and if that is the case, our intent is to work in ways that are consistent with your goals as the parent. If school personnel determine that a student needs some additional structured observation – called monitoring – we will notify you.

Our school offers a variety of health-related and health care services to each student. This notice is meant to inform you of all available health-related and health-care services we offer, not necessarily to indicate any of these services will be provided to your child.

Health-related services offered on your child's campus consist of the following.

Please initial any service you wish to **REJECT**, that you do not want your child to receive at any point in the school year:

Health-related Service	Parent Initial to Opt Out
First Aid	
[other health-related services here]	
[other health-related services here]	

You have the right to opt out and withhold consent of any of these services to your child, by submitting this form to _____. We will assume consent is provided unless you opt out. You can update your decisions at any time.

Health-care services offered on your child’s campus consist of the following.

Please initial any service you wish to **ALLOW**, that you DO want your child to receive if needed during the school year:

Parent Initial to Opt In	Health-care Service
	[health-care services]
	[health-care services]

Health-care services will not be provided unless you opt in, providing written consent in advance for any of these services to be made available for your child, by submitting this form to _____. You can update your decisions at any time.

Consent for services will be considered effective until the end of the school year unless you provide a change of your consent decisions during the year.

We will attempt to notify you prior to initiating any proposed change in services provided to your student related to the student’s mental, emotional, or physical health or wellbeing. If prior notification is not possible, you will be notified within three school days.

Before administering a well-being questionnaire or a health screening form to your child, a copy will be provided to you. Consent would have to be received by you for the school to move forward with administering the questionnaire or form.